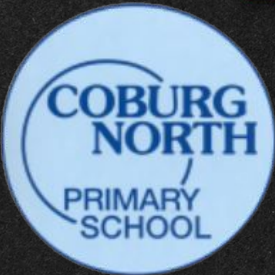
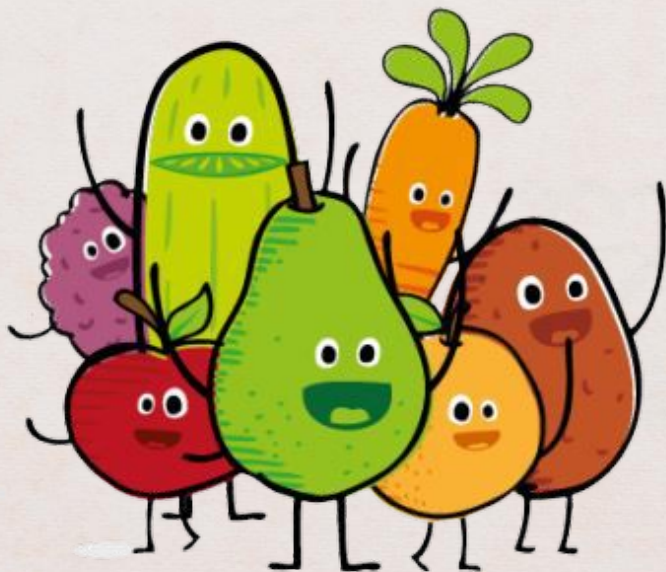


# Eating Time



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At Coburg North Primary School, all our food is Nude food. This means that the food I bring will not have plastic wrappers. This is to help the environment.



I will bring food in reusable containers.





At school, I will eat my food in my classroom.





I will bring my lunchbox. It will have my food in it. I will bring a fruit snack, a recess snack, and my lunch.



I will also bring my water bottle. When I am thirsty, I can get a drink from my water bottle at anytime. If I finish all my water, my teacher will refill it for me.



**8:50am - 9:00am** - We eat our fruit/vegetable snack when we get to school

**10:40am - 11:00am Recess Break:** We got outside to play and then we eat our recess inside at 11:00am

**12:50pm - 1:50 Lunch Break:** We go outside to play and then we come in and eat our lunch inside at 1:40pm.

These are the different times that we have our food. First snack we eat is our fruit snack at 8:50am - 9:00am.



The first snack we eat is our fruit snack at 8:50am - 9:00am.





I will wash my hands and then I will get my fruit. I will eat my fruit at my table or on the mat.



After recess, I will eat a snack at 11:00am. I will wash my hands and get my snack. I will eat my snack at my table.





My recess snack could be yogurt or biscuits or something else that is healthy.



After playtime, my teacher will tell me when it's time for lunch. I will wash my hands and get my lunchbox.





At 1:40pm, I will eat my lunch at my table.



If you have a lunch order the monitors will go and collect the lunch order basket from the office. Your teacher will then give out the lunch orders.





My lunch might be a sandwich or a roll. It might be a wrap or some pasta or rice.