

SUNSMART

POLICY

Rationale:

- Over exposure to the sun presents a serious health risk. Students must therefore be educated as to the need for suitable sun protection, and protected from over exposure to the sun whilst at school.

Aims:

- To educate students as to suitable sunsmart protection strategies.
- To encourage children and teachers to protect themselves from the harmful effects of the sun.

Implementation:

- Children will be required to wear Anti-Cancer Council approved close-weave broad brimmed hats (at least 8 cm rigid brim), legionnaires hats or bucket hats from September to the end of April whenever they are outside.
- Students are expected to wear the school uniform which includes short sleeved tops with collars
- On free dress days, singlet tops, extra short shorts/ skirts and baseball caps are not permitted.(as per Uniform policy) A reminder of this will be put into the newsletter prior to the free dress day
- Students and staff are encouraged to wear wrap-around sunglasses that meet the Australian Standard 1067.
- Staff will act as role models by wearing broad brimmed hats, sunscreen and short sleeve tops when outside.
- **No Hat No Play;** Students with not appropriate hats will be restricted to a designated shaded area
- Children will be actively encouraged to wear a broad-spectrum water resistant sunscreen (SPF30+). Students will be expected to provide their own sunscreen. Sunscreen will be applied by students according to the manufacturer's directions, under the supervision of teachers.
- All classroom exit doors will have a visual reminder for students to apply sunscreen prior to going outside for break times
- The school council will provide adequate shade structures for students as practicable; particularly over high density play areas such as sand pits and play equipment.
- Whenever possible, outside activities on hot days should be scheduled before 11:00 am.
- The School will ensure that school uniform hats are available for purchase from the Office.
- The school newsletter & web site and school assemblies will be used to highlight and reinforce the Sun Smart policy.
- A reminder of our sunsmart policy will be placed in the newsletter *from September*

Evaluation:

- This policy was last ratified: October 2014
- This policy will be reviewed every three (3) years.

